The average human heart beats at 72 beats per minute.

How many times does it beat in 15 seconds?

How many in an hour?

How many in a day?

How many in a year?

Take your pulse and record the number of beats in 30 seconds.

How many times does it beat in an hour?

How many times does it beat in a day, a month, a year?

Explain, in a complete sentence(s) all the information you needed to know (or reference on your formula chart) in order to solve these problems.